

HC
marbella

HC
m a r b e l l a

**High Care
International Hospital**





- HC Marbella
- Cardiology
- General and Digestive Surgery
- Gynecology
- Oncology
- Radiology
- Orthopedics and Rehabilitation
- Urology

**... and over 30
medical specialties**

HC Marbella

Pioneers in medical techniques, demanding the best results

Situated at the heart of the Costa del Sol, HC Marbella is an exclusive private hospital of great prestige, with more than 15 years experience delivering high quality medical care.

Its setting and facilities lie just 200m from the sea, creating a feeling of peace and well-being; where you will encounter comfort and luxury in our 12 exclusive rooms, 5 consulting rooms perfectly equipped for treatment, an operating theatre with the latest technology, an oncological outpatient facility, 3 individual examination rooms for outpatients, a physiotherapy centre, an exclusive reception area and gardens for the comfort and privacy of our patients.

Our concept of medical service focuses on achieving the complete well-being of the patient, for which we offer the most innovative and pioneering techniques, the very highest quality of care and medical experience.

Welcome!





HC Marbella

The patient is the centre of our attention



Excellence and Medical Experience

HC is supported by an exacting medical team, professional pioneers in their techniques and demanding with their results, selected from among the most prestigious national and international doctors to be part of a prestigious multidisciplinary team.

Patient Service and Care

Our patients are our guests. Our purpose is the people we treat. The entire team is focused on patient service and care, guaranteeing their comfort and ensuring their stay is unique, to the highest standards of quality and well-being.

Privacy and Exclusivity

We guarantee that patients undergoing surgery or treatment enjoy total privacy throughout their stay and recovery. A unique environment in which all the details are taken care of – an incomparable place to regain your health and quality of life.



Cardiology

Make cardiovascular care part of your healthcare routine

HC Marbella offers you a cardiovascular health programme combined with the most advanced medical treatment in the prevention and management of heart diseases.

Our multidisciplinary team combines experienced cardiologists, as well as specialists in internal medicine, endocrinology and nutrition. **Together we offer a wide range of cardiovascular services tailored for men and women**, including risk assessment and evaluation of the symptoms of cardiovascular disease, lifestyle management, diagnostic tests and treatment.

Cardiology Unit Services:

- One-step cardiological check-up that includes:
 - Echocardiogram
 - ECG
 - Holter
 - ABPM (ambulatory blood pressure monitoring)
- Anti-smoking programme
- Doppler colour echocardiogram
- Cardiovascular rehabilitation
- Effort testing
- Electrophysiological analysis
- Pacemaker fitting
- Multislice CT scanning

General and Digestive Surgery

A minimal incision allowing surgery to be carried out with precise results

We carry out advanced laparoscopic surgery, which allows the patient to have a shorter stay in hospital, reduces post-operative pain and allows faster recovery.

Our medical professionals make a thorough assessment of each patient's case so as to provide the best possible solution. We are experts in laparoscopic techniques: we believe that a minimal incision is vital for a fast and effective recovery.

We guarantee full, coordinated care before, during and after your surgical procedure.

HC Marbella offers a full range of medical and surgical treatments for digestive diseases, including:

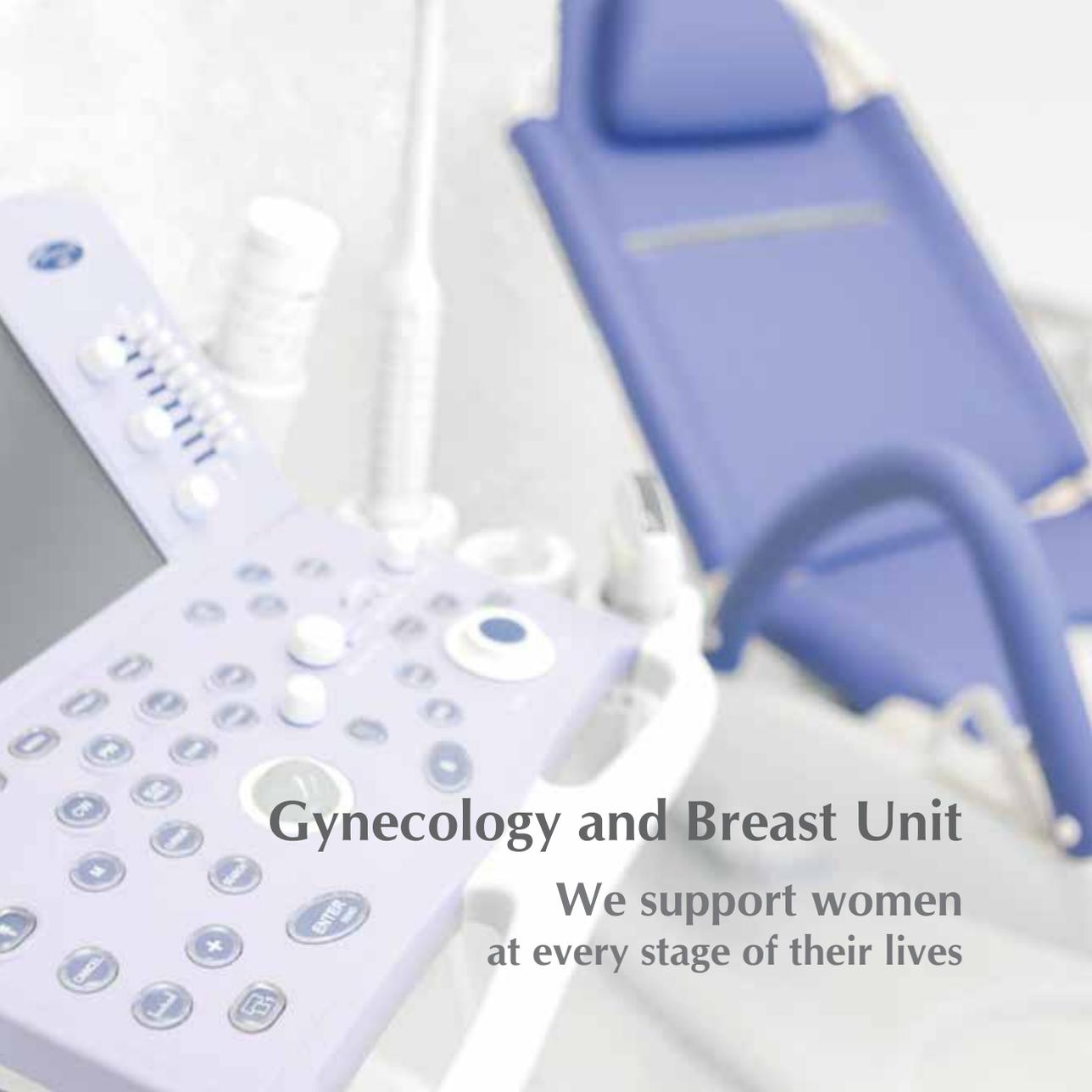
Digestive Unit

- Stomach ulcers
- Digestive endoscopy
- Diagnostic and therapeutic echoendoscopy
- Barrett's oesophagus
- Crohn's disease
- Obesity unit:
gastric balloon, POSE



General Surgery Unit

- Surgery with minimally invasive laparoscopic techniques
- Surgery for gastroesophageal reflux disease
- Cholelithiasis surgery
- Abdominal oncological surgery: colorectal and biliopancreatic cancers, liver metastases, adrenal and spleen cancers.
- Tension-free surgery for abdominal hernias
- Conservative and immediate reconstructive surgery for breast cancer
- Thyroid cancer
- Bariatric surgery: gastric band, gastric bypass
- Protological surgery: haemorrhoids, fissures, fistula, pilonidal sinus, incontinence, prolapse
- Surgery for the complications of digestive diseases: peptic ulcers, diverticulitis, inflammatory disease
- Varicose vein surgery

A close-up, slightly blurred photograph of a medical ultrasound machine. The control panel is light blue and features a grid of buttons, a large circular trackball, and several larger function buttons. In the background, a blue patient chair is visible, suggesting a clinical examination room. The overall lighting is soft and clinical.

Gynecology and Breast Unit

**We support women
at every stage of their lives**

Prevention begins with you. We want you to take part in your treatment.

A full gynaecological check-up includes:

- Patient examination and assessment.
- Gynaecological ultrasound and breast ultrasound.
- Mammography, tailored to each patient's case.
- PAP smear testing and results.
- Smear testing and cervical analysis through colposcopy.

Our gynaecology unit also specialises in breast and cervical pathology as well as early prevention and diagnosis of cancers of the ovary, uterus and vagina.

Our aim is to offer **early diagnosis** of any of these potential changes so as to ensure good future results.

Our techniques include:

- Bone densitometry
- Vaginal ultrasound
- Hormonal and alternative therapies
- Psychological support
- High-resolution abdominal and vaginal ultrasound
- Mammography and breast ultrasound
- Colposcopy
- Cervical-vaginal cytology and puncture of cysts and lesions
- Tumour markers and genetic analysis of familial cancers
- **Infertility and reproductive medicine**

Oncology

We give every patient the very best care

The Oncology Centre at HC Marbella is the most prestigious on the Costa del Sol. The hospital follows the very latest therapeutic treatments in the field, and develops all the techniques needed to treat different types of tumour.

The activity of our Oncology Unit is centred on three vital aspects:

- **Personalised** care for each cancer patient.
- **Individually** tailored diagnosis and treatment, according to the genetic profile.
- Integrated, **multidisciplinary** approach to cancer treatment.

Multidisciplinary units:

- Breast cancer
- Digestive tumours
- Lung cancer
- Familial cancer and genetic counselling
- Patient Support Unit
- Gynaecological tumours
- Urological tumours
- Neuro-oncology
- Pathology and molecular pathology





Radiology

We bring technological innovation closer to everyday consultations

We have teams of highly qualified specialist radiographers, who aim to renew and constantly update, offering a unique radiological service.

A radiological service that includes:

- Digital radiology
- State-of-the-art 16-slice CT scanning
- Mammography and breast ultrasound
- Interventional radiology
- Doppler ultrasound
- Conventional ultrasound

The benefits for our patients include:

- Lower radiation in each test.
- Higher-quality images obtained.
- Swift procedures.
- Multidisciplinary consultation guaranteeing correct diagnosis and precise monitoring.
- Precise and reliable information, with **a report issued within 24 hours.**



Traumatology, Orthopedics & Rehabilitation

**Assessment and
treatment of the
pain and functioning
of the musculoskeletal
system according to
each patient's needs**

The Orthopedics Unit at HC Marbella is specialised in the clinical and surgical diagnosis and treatment, and the rehabilitation, of any injury or disease of the musculoskeletal system.

These are specialised units that apply individual treatment to all areas of orthopaedics, with vast experience in the latest surgical techniques, including minimally invasive surgery.



The latest surgical techniques in each of our orthopaedic specialities including general traumatology and orthopaedic surgery.

Units specialised in:

- Injuries to the foot and ankle
- Injuries to the hand
- Injuries to the shoulder and elbow
- Sports medicine
- Orthopaedic oncology
- Arthroscopy
- Full hip and knee replacement surgery
- Arthritis and rheumatism
- Neurosurgery

Urology

The Urology Unit offers the patient the very latest surgical clinical treatments

An annual check-up after the age of 50 helps with early diagnosis of prostate cancer and other urological diseases.

A medical committee discusses each case, and the possible benefits and side effects associated with each treatment are discussed with the patient. The unit works alongside the other units at HC Marbella, such as Radiology, General Surgery and Oncology so as to ensure we are offering an integrated, personalised and coordinated treatment.

Innovative treatment and minimally invasive, no-scar options for urological and renal procedures.

Diseases

- Prostate cancer
- Kidney cancer
- Testicular cancer
- Bladder cancer
- Benign prostatic hyperplasia
- Urinary incontinence
- Renal lithiasis
- Prolapses
- Pediatric urology

Diagnostic tests

- Transrectal prostatic ultrasound
- Endoscopic testing

Treatments

- Laparoscopic surgery
- KTP green light laser
- Endourological procedures

Research

- Clinical trials





High Care International Hospital

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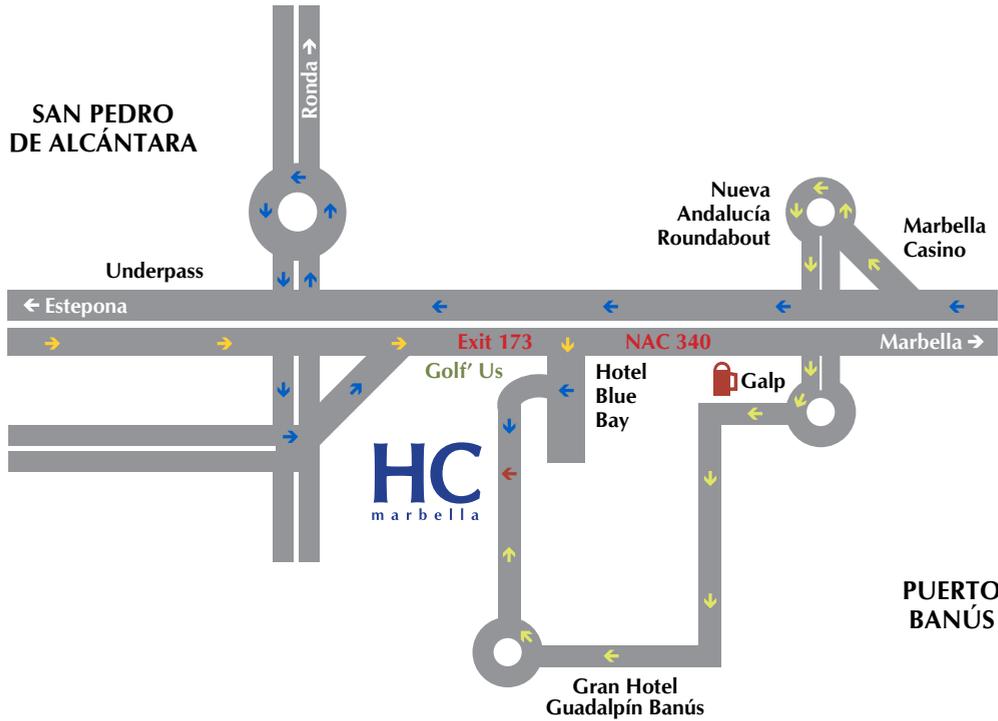
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SAN PEDRO DE ALCÁNTARA



- Coming from Estepona
- Coming from Marbella
- Coming via Nueva Andalucía

Coordinates: Latitude 36.485664 · Longitude -4.970016

