



# Rhinoplasty

Live Surgery  
and Hands On Course

**Open and Closed Rhinoplasty**  
**Rhinoplasty in Facial Feminization Surgery**  
**Rhinoplasty under local anesthesia**

**Professor**  
**Dr. Raul Jiménez Bellinga**  
**Facial Team Aesthetic Surgeon**  
**Guest Professors**  
**Dr. Luis Capitán**  
**Dr. Carlos Bailón**

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## INTRODUCTION



A higher degree of specialization is now essential for any Craniofacial, ENT or Plastic surgeon who aims for excellence in their habitual practice. Undoubtedly, the Rhinoplasty is the apex procedure within the frame of facial aesthetics; Only through clinical immersions, alongside professionals dedicated exclusively to the subject, may we become oriented in the basic foundations of nasal aesthetic surgery.

## THE TECHNIQUES



### OPEN & CLOSED RHINOPLASTY

Peck technique  
Guerrerosantos technique  
How to deal with the tip  
Grafts in closed rhinoplasty  
Humpectomy  
Osteotomies  
Splint and post-op care

### RHINOPLASTY IN FACIAL FEMINIZATION SURGERY

Concept of feminization rhinoplasty  
Structured rhinoplasty  
Long-term philosophy  
Fronto-nasal angle  
Naso-labial angle  
Frontoplasty + Rhinoplasty  
Lip-lift + Rhinoplasty

### RHINOPLASTY UNDER LOCAL ANESTHESIA

An old new concept  
Infiltration technique  
Open and closed rhinoplasty

## PROGRAM



### MONDAY 6th

**16:00 h**  
Welcome to the course

**16:15 h - 20:00 h**  
Introduction & Theory

#### THEORY

Differences between masculine and feminine noses  
Why rhinoplasty is so difficult?  
Skills that a nose surgeon must have  
Open vs. closed approach  
Aesthetics and function  
The tip  
Facial Feminization Surgery. Basic techniques  
Facial Harmonization Surgery. A new concept in facial aesthetic surgery

### TUESDAY 7th

**9:00 h - 09:30 h**  
Presentation of Clinical Cases

**09:30 - 14:00 h**  
Live: Observation in the Operating Theatre

**14:00 h - 15:00**  
Lunch Break

**15:00 h - 15:30 h**  
More Clinical Cases

**15:30 h - 20:00 h**  
Live: Observation in the Operating Theatre

**21:00 h**  
Participants Dinner  
(Restaurante BIBO Dani García,  
Hotel Puente Romano)

### WEDNESDAY 8th

**09:00 h - 09:30 h**  
Presentation of Clinical Cases

**09:30 - 14:00 h**  
Live: Observation of Surgery

**14:00 h - 15:00 h**  
Lunch

**16:00 h - 17:00 h**  
Recapitulation of Course

## GENERAL INFO



**PROFESSOR** Dr. Raul Jiménez Bellinga  
FACIAL TEAM AESTHETIC SURGEON

**GUEST PROFESSORS** Dr. Luis Capitán  
Dr. Carlos Bailón

**DEVELOPED FOR** MIR in final year as well as ENT, Plastic & Reconstructive, Oral & Maxillofacial Specialists.

**MAX CAPACITY** 5 participants  
Places are strictly reserved by date of registration

**DATE** 6 - 8 april 2015

**LOCATION** Hospital Internacional HC Marbella  
Address: Calle las Mimosas, 29660 Marbella, Málaga  
Telephone: +34 952 90 86 28

**REGISTRATION** 2750 EUROS

**ACCOMMODATIONS (included)** Hotel NH Marbella  
Address: Av. Conde Rudi, 29600 Marbella, Málaga  
Telephone: +34 952 76 32 00

**REGISTRATION CONTACT** Milagros Herrera  
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## DR. RAUL JIMÉNEZ BELLINGA

Oral and Maxillofacial Surgeon

After completing studies within the Faculty of Medicine in Complutense University of Madrid (2004), Dr. Raul Jimenez Bellinga obtained the title of specialist, MIR, in Oral and Maxillofacial Surgery at Hospital Universitario Ramón y Cajal in Madrid (2010). In 2009 he also qualified as a Specialist in Aesthetic and Cosmetic Medicine, with honors, at the Complutense University of Madrid and in 2010 obtained the Diploma of Advanced Studies with the highest score in the Department of Surgery of the University of Alcalá de Henares.



After obtaining his degree as a specialist, he went to Mexico City for training in the field of ambulatory rhinoplasties under local tumescent anesthesia with the inventor of the technique, Dr. Hector Manuel Marín Méndez. He later expanding his knowledge regarding rhinoplasties with the Drs Rorich, Gunter and Guyuron in Dallas, Texas.

He has worked as the Medical Officer in the Department of Maxillofacial Surgery at the University Hospital of Navarra (Pamplona) and in 2012 obtained the prestigious position for a Fellowship in Facial Cosmetic Surgery with Dr. Maurice Mommaerts of the illustrious Universitair Ziekenhuis Brussel in Brussels (Belgium), therefore completing the highest level in training in orthognathic surgery and facial cosmetic surgery.

Dr. Raul Jimenez Bellinga is now dedicated exclusively to cosmetic facial surgery and is the medical director of Rinoestética in Madrid.

Dr. Raul Jimenez Bellinga is the Facial Aesthetic Surgeon of FACIAL TEAM.



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