

Palpitations

make you feel like your heart is beating too hard or too fast, skipping a beat, or fluttering.

5 most common reasons for palpitations

- 1 Atrial fibrillation and other supraventricular tachycardias
- 2 Extra beats
- 3 Ventricular arrhythmia
- 4 Anemia
- 5 Thyroid disease

5 Investigations you must undergo

to establish diagnosis and optimal treatment strategy

-  ECG
-  Echo-doppler
-  Stress Test
-  24H Holter ECG
-  Blood analysis

