

Correct use of the mask

- 1** Before putting it on

**Hands should be washed** thoroughly with soap and water or hydroalcoholic solution.
- 2** How to place it

Place it **touching only the outer straps**, adjusting it well, covering the nose, mouth and chin.
- 3** How to withdraw it

Remove **without touching the front**, taking it only from the outer tapes.
- 4** How to dispose of it

If it is disposable, put it in a **waterproof bag** and throw it away. **Then wash your hands** well.
- 5** How to wash it

**If it is reusable**, follow the manufacturer's instructions regarding care and washing.

Respiratory label compliance

The use of a mask must be accompanied by compliance with other preventive measures: frequent hand washing, coughing or sneezing into the elbow or disposable tissue, throwing the disposable tissues in the trash and washing your hands afterwards, not touching your eyes, nose or mouth, do not leave home if you have symptoms, respect the social distance of 2 m.

Types of masks

- |  |   |   |   |   |
|--|---|---|---|---|
| <p><b>Hygienic</b></p> <p>They can serve <b>not to spread</b>.</p> <p>They <b>do not protect</b> those who carry them from contagion.</p> <p>They can be either reusable or disposable.</p> <p>Not approved.</p> | <p><b>Surgical</b></p> <p>They serve <b>not to spread</b>.</p> <p>They <b>do not protect</b> those who carry them from contagion.</p> <p>They are disposable.</p> <p>Conforming to regulations.</p> | <p><b>FFP1</b> without exhalation valve</p> <p>They serve <b>not to spread</b>.</p> <p>They <b>do not protect</b> those who carry them from contagion.</p> <p>Protective equipment with minimal filtration.</p> <p>Conforming to regulations.</p> | <p><b>FFP2</b> without exhalation valve</p> <p>They serve <b>not to spread</b>.</p> <p>They <b>do protect</b> those who carry them from contagion.</p> <p>Protective equipment.</p> <p>Conforming to regulations.</p> | <p><b>FFP2</b> with exhalation valve<br/><b>FFP3</b> with exhalation valve</p> <p>They <b>do not serve to not infect</b>.</p> <p>They <b>do protect</b> those who carry them from contagion.</p> <p>Protective equipment.</p> <p>Conforming to regulations.</p> |
|--|---|---|---|---|